



HAMILTON COUNTY  
**DEVELOPMENTAL DISABILITIES**  
SERVICES

# THE FUTURE IS NOW

future planning sessions for families with an older caregiver

The Future is Now is a multi-part series hosted online via Zoom and designed to help older caregivers and their family members make plans for the future. Throughout the series, families get help to create a letter of intent, a non-legal document that captures family desires and goals for the future. Creating a letter of intent can help families gain peace of mind that comes with having a plan.

Each session offers an opportunity to learn about important topics:

- ▶ Hopes, dreams, and worries for the future
- ▶ Expanding personal networks
- ▶ Maximizing public benefits (SSI/SSDI/Social Security)
- ▶ Future living arrangements
- ▶ Supports for older caregivers
- ▶ Keepers of the dream

Webinars will be hosted on Zoom

## JANUARY

January 19, 21, 26, and 28 from 10 to 11 AM

## MARCH

March 2, 4, 9, and 11 from 6 to 7:30 PM

## MAY

May 18, 20, 25, and 27 from 10 to 11:30 AM

Join us for the FREE sessions!

**REGISTER AT [HAMILTONDDS.ORG/FUTUREISNOW](https://hamiltondds.org/futureisnow)**

For questions, contact Sean at (513) 559-6863 or [sean.bostic@hamiltondds.org](mailto:sean.bostic@hamiltondds.org)

## WHO CAN ATTEND?

These sessions are specifically designed for families that include a member with disability whose caregiver is age 60 or older. All members of the family are encouraged to attend, including caregivers, the family member with a disability, siblings, and close family friends.

## HOW WILL IT WORK?

Sessions will be hosted by a family member and a person with a disability who have had training and experience planning for the future. Participation will be limited to ten families.

Breakout sessions, co-led by an advocacy team will be offered for the family members with a disability. Caregivers will have their own session. Expert speakers will present on the topics listed above. Family members will have a chance to ask questions and interact with one another.